

GCSE Physical Education

If you opt to take PE in KS4, the PE department will guide your choice as to whether you should take GCSE PE or BTEC Tech Award in Sport. This will be based on prior attainment, interests, data, suitability, tracking levels and practical ability.

scan me!
with your smartphone



Encourages a holistic understanding of PE

Students will receive a well-rounded and full introduction to the world of PE, sport and sport science by developing an understanding of how the mind and body works in relation to performance in physical activity.

Do I need to have certain qualities/skills to do this subject?

- To be physically active and enjoy participating in sports
- To obey rules and understand Fair Play
- To be willing to learn about the anatomy of the body and how it works with exercise
- To understand the principles behind training and various training methods
- The practical element of the course is essential and you will cover lots of sports to be assessed on 3
- You will also be required to select one of these sports to analyse and look into in more depth

What will I learn?

- How to perform advanced skills in a wide range of team and individual sports
- How to improve performance in these sports
- How to respond to instructions and obey safety regulations at all times
- The anatomy behind why successful sporting athletes are so successful
- The reasons why people take part in exercise and how we train for specific sports
- How to plan a 6 week training programme to improve in a selected sport
- How to observe and analyse performance in a selected sport



Does this lead to a qualification?

Yes, this is a single GCSE qualification accredited by the Examination Board Edexcel.



How is this qualification assessed?

- Component 1: Fitness and Body Systems 36%
- Component 2: Health and Performance 24%
- Component 3: Practical Performance 30%
- Component 4: Personal Exercise Programme 10%

Further information available from: MrMearns or any member of PE staff

What can I do with this qualification?

Further studies at Sixth Form: AS & A2 PE, BTEC National Sport, BTEC National Public Services

Careers: PE Teacher, Sports Coach, Sports Development Officer, Nutritionist, Physiotherapist, Sports Journalist, Outdoor Adventure Leader, Sports Marketing/Event Management, Armed Forces, Sports Analyst. Sport remains one of the top 10 fastest growing industries and a £20bn+ industry in the UK.