

Ragging the School Day/Week

Purpose

This tool gives the child the opportunity to work through their school week, and the positive as well as more difficult times can easily be identified. The timetable can include form time, assembly, and any other parts of their school day.

Listen to Me

Discussion led scaling

Age range

Particularly useful in secondary school when there is a mixture of teachers and subjects

Resources

Provide the child with a printout of their timetable, listing subjects and teachers.

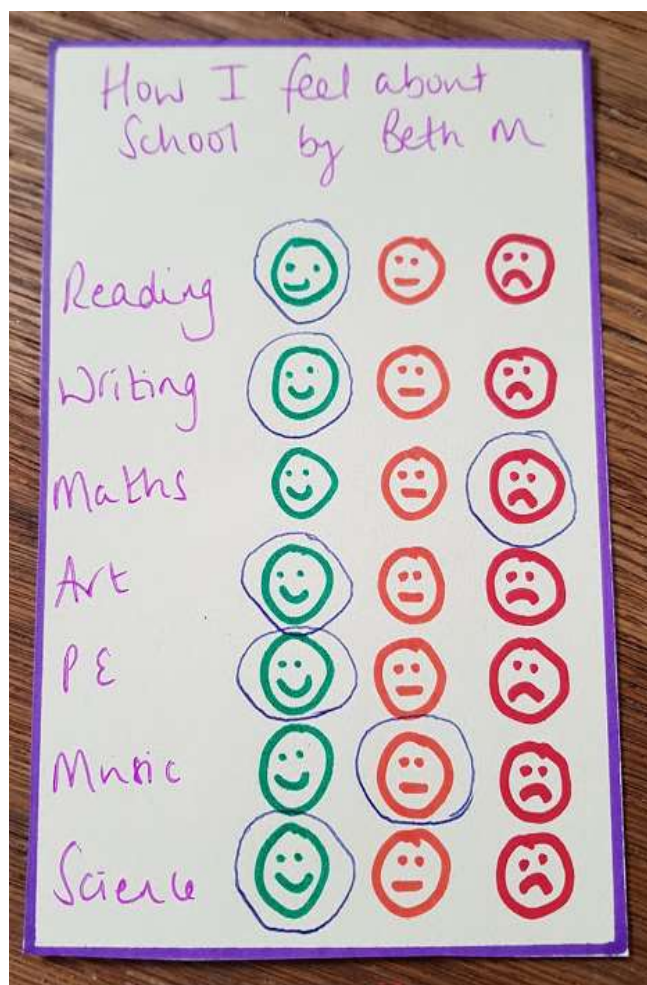
Instructions for use:

First of all, it is important to create a supportive atmosphere in which the pupil feels relaxed to be able to express their feelings (both positive and negative) in a way that they feel they are going to be listened to. Accept the pupil's responses and do not make any judgments or provide opinions of your own. It is important to remain neutral throughout this process.

Ask the pupil to colour in how they feel about the lesson and the teacher. Different colours representing different feelings (red = dislike, orange = ok, green = like). Remind them that they can like the teacher but not the subject or vice versa. Engage in a discussion about 'what works', the aspects that would make school life 'even better' and explore what they and others around them could do to improve the situation, to make the lessons or relationship with the teacher better.

Plan realistic outcomes based on some agreed actions and review at appropriate times within the cyclic process of the graduated approach.

Example:



Monday	Tuesday	Wednesday	Thursday	Friday
Form time	Form time	Form time	Form time	Form time
Miss Smith	Miss Smith	Miss Smith	Miss Smith	Miss Smith
Maths	Geography	English	Science	History
Mr Squared	Mrs Map	Mrs Bronte	Miss Lab	Mr king
English	Maths	Science	Maths	Science
Mrs Bronte	Mr Squared	Miss Lab	Mr Squared	Miss Lab
Break	Break	Break	Break	Break
PE	English	Maths	IT	IT
Mr Jump	Mrs Bronte	Mr Squared	Mr Data	Mr Data
Lunch	Lunch	Lunch	Lunch	Lunch
Science	French	Art	English	Maths
Miss Lab	Mr Salut	Miss Pen	Mrs Bronte	Mr Squared
History	Science	PE	Geography	English
Mr king	Miss Lab	Mr Jump	Mrs Map	Mrs Bronte