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| **Worry Statement**  |
| **This will pull through from the assessment.**  |
| **Wellbeing Goal**  |
| **This will pull through from the assessment.**  |
| **Our Family Plan This is the actions identified from assessment and next steps. This will pull through from the assessment**  |
| **What needs to happen to help our family achieve?** | **Who will do this?** | **When will this be done?** | **What impact is this or has this having/had on our family?** |
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| **Self-Evaluation This will pull through from the assessment. The responses may change at the family action meetings as the plan progresses.**  |
| Overall do you feel you (child/young person) are: | Stuck [ ]  | Resistant to Change [ ]  | Ready for Change [ ]   | Looking at your options [ ]  | Taking Action/Engaging [ ]  | Achieving Success [ ]  | Was answered on behalf of the child [ ]  |
| Overall do you feel you (parent/carer) are: | Stuck [ ]  | Resistant to Change [ ]  | Ready for Change [ ]   | Looking at your options [ ]  | Taking Action/Engaging [ ]  | Achieving Success [ ]  |
| **Scaling Question** |
| Create a scaling question. It needs to say what 10 looks like and what 0 looks like in relation to you worry. The scaling question might look like “*On a scale of 0 to 10 where 10 is there is enough safety being demonstrated to keep the child[ren] safe and well and 0 is there is no safety being demonstrated to keep the child[ren] safe and well, where would you rate it today?”* |
| **This will pull through from the assessment.**  |
| **Scale** |
| **Name** | **Where are you from?** | **Scale** | **Reason For Score**  |
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| **Any other business to discuss.** **This is where anything else that is not in relation to the plan (but needs noting) can be recorded** |
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