Child and
Adolescent
Mental
Health
Services
(Mersey

(Mersey Care CAMHS and Barnardo's BOSS)

Overview

Working in tandem, CAMHS and Barnardo's work with young people with emotional, behavioural or mental health difficulties, and their families. They provide specialist face to face therapies, including whole family holistic therapy, and also offer telephone consultations and virtual sessions. Other therapies include counselling, art and play therapy and solution focused interventions, and group work.

Criteria

Children and young people up to the age of 18.

Professional referral

A shared referral form needs to be completed by a professional that knows the individual and referred into the single point of access – mcn-

tr.camhssthelensreferrals@nhs.net

Contact the services on **01925 579405** if you need to discuss an individual already referred or which has an existing appointment with the service. Both services are available Monday-Friday 9am-5pm.



Neurodevelopmental	Overview	Criteria	Professional referral
<u>Pathway</u>	The Neurodevelopment Pathway Team work assess children and young people with complex neurodevelopmental difficulties, who require a multi-agency assessment to gain a better understanding of their needs. This process may or may not lead to a formal diagnosis, but will inform an appropriate care plan to meet the specific needs of the individual going forwards.	All school age children and young people up to the age of 18 years	Referrals from all professionals who work with children and young people including GPs, paediatricians, speech and language therapists, schools etc. A referral should be completed jointly between the professionals and parent/carer mcn-tr.sthelensneuropathway@nhs.net or you can contact the team for existing referrals or appointments on 01744 646 517 . If you know a child or young person who would benefit from a multiagency pathway assessment, please make an appointment with your school's specialist educational needs coordinator (SENCO), GP or other
			professional who can discuss this with you.

Community			
Eating			
<u>Disorder</u>			
<u>Service</u>			

Overview

This service provides assessment, treatment and support for young people with eating disorders and their families. It aims to promote the early detection and treatment of eating disorders through a combination of one-to-one support and family therapy, along with support from a qualified dietitian. The service also offers group sessions and virtual contact to suit the needs of the individual.

Criteria

Children and young people age 8 to 18 who have symptoms of an eating disorder.

Professional referral

Please contact the service on **0151 430 1321** or complete a referral form and submit into the service via Mcn-tr.edsmidmersey@nhs.net